

Lane Cove Public School P&C TRADER

VOLUME 5. AUGUST 2019

LCPS Community Partner Sponsors	
Lane Cove Orthodontics	2
The Foot Group	3
Raine & Horne - Rebecca Mitchell	4
Apple Dental	5
Lane Cove Fun Run	6
Lillah Middle Eastern	7
CS One Academy	8
Keyboard Class at LCPS	8
SHOJO Turmeric Tonic	9
My Hair House by Jen	9
The Alcott	10
Shinbukan Martial Arts Academy	11
MSTYP Weekly Drama Classes	12







Book a consultation with our Specialist Orthodontists or visit **lanecoveorthodontics.com.au** for more information.











CALL 02 9427 8088 VISIT lanecoveorthodontics.com.au

lane cove orthodontics





Does your child suffer from ...

- Arch pain
- Knee pain
- Heel pain
- Shin pain
- Nocturnal leg pain
- Leg pain after sport
- Ingrown toenails

Does your child ...

- Have flat feet
- Walk toe-in or toe-out
- Toe walk
- Have tight calf muscles
- Walk with a bouncy gait

He or she may need support to adjust to these changes.

At The Foot Group we have decades of experience in successfully treating the complications that arise in the hectic environments of school and sports.

Whether your child is experiencing problems for the first time, or their existing orthotics need updating, we can conduct a comprehensive biomechanical assessment. We can also provide expert advice on the best school shoes for your child.

To discuss how our qualified podiatrists can help, make an appointment today.



MOVE WITHOUT PAIN

LANE COVE (02) 9428 3000 BROOKVALE (02) 9938 2222 ONLINE www.thefootgroup.com.au/make_an_appointment

Rebecca Mitchell

Senior Sales Agent | Raine & Horne



Having lived in Lane Cove for more than 30 years, successful sales agent Rebecca Mitchell is extremely passionate about the area she lives and works in. She knows the marketplace intimately and loves the Lane Cove community, the people and the lifestyle, making her a valuable addition to the Raine & Horne team.

Inherently hardworking and dedicated to what she does, Rebecca consistently goes above and beyond the call of duty to assist her clients in one of their most significant financial and emotional decisions.

She believes strongly in the Raine & Horne brand and what it has to offer both clients and agents, from outstanding technology and systems to the high degree of support from management. She is proud to be working for a market-leading company and a pioneer in real estate where she can thrive and provide her clients with the best possible service.

If you are interested in buying, selling or leasing residential Real Estate in Lane Cove, please call me on 0412 257 625 for a confidential chat.

Here's what my client's say about me:

"When it came time to sell our home there was only one person who we trusted with it. Rebecca Mitchell's knowledge of the Lane Cove area, and selling properties made the process stress free. She is an agent who goes above and beyond every single day. We cannot recommend her more highly."

Brooke & Geoff - Vendor of 4/115 Burns Bay Rd, Lane Cove

Rebecca Mitchell Licensed Real Estate Agent

Winner of Rate My Agents, Agent Of The Year Lane Cove 2019 Award

0412 257 625 rebeccam@lanecove.rh.com.au

Follow Rebecca on social media to stay up to date. facebook.com/RebeccaRaineandHorne/

Shop 2, 85 Longueville Rd, Lane Cove NSW 2066













Lane cove fun Run

SUNDAY 8TH SEPTEMBER 2019

Kingsford Smith Oval * Longueville

Register online at LanecoveFunRun.com.au



7:30am 5km and 8:30am 2km

MAJOR SPONSOR



SILVER SPONSORS

lane cove orthodontics



BRONZE SPONSORS















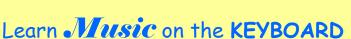












at Lane Cove Public School Enrolment

Awesome songs!

Musical games!

Cool music knowledge!



Keyboard K - Y6 welcome!

- - Competitive rate \$29 per session
 □
 - (GST incl. Please do not forward payment to the school office.)
 - - Fun introduction to music!
 ■

Smart Kids Love Music!

To enrol please call 9411 3122 or visit www.learnmusicatschool.com.au

Violin Incl. Piano (VIP) Music est. 1984 p: 9411 3122 (during school term)

www.learnmusicatschool.com.au





Discover the power of Turmeric



Turmeric Tonic

Check out more at shojotonics.com

Turmeric

High in anti-oxidants

Anti-inflammatory properties

Promotes liver function

Vitamins B1, 2, 3 and 6

Promotes healthy neurological function

Contributes to metabolic function

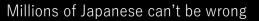
Reduces tiredness and fatigue

Vitamin C

Supports immune system function

Reduces tiredness and fatigue

Promotes normal collagen formation





SHOJO Turmeric Tonic

My Hair House By Jen

No appointment necessary

Phone: 9418 9080

Address: The Village, Shop 5, 43-45 Burns Bay Road, Lane Cove

(opposite to Coles, next to NiBu Café)

Trading Hours: (Mon - Sat): 9:00 am - 5:00 pm

Children cut: infants & primary school: \$18 - \$20 - \$23

high school boy: \$20 - \$25 high school girl : \$25 - \$35

Men's cut: \$22 - \$27

Ladies' cut: \$30 - \$35 - \$40

Root Tint: \$75 Full Hair Color: \$85 - \$130 Blowdry: \$38 - \$60 Updo: \$60 - \$80

Products: Joico Schwarzkopt Everescents (organic hair care)

Organic color available

We promise to: Respect your hair and maintain your hair in healthy

condition







ГΗЕ

ALCOTT

LANE COVE

PLANNING A FUNCTION?



THE ALCOTT LANE COVE HAS A CHOICE OF FLEXIBLE EVENT SPACES

PRIVATE DINING
COCKTAIL FUNCTIONS
MILESTONE BIRTHDAYS
ENGAGEMENT PARTIES
CORPORATE EVENTS

1 Birdwood Avenue, Lane Cove | @ f @thealcott | thealcott.com.au









Shinbukan offers traditional Japanese training in karate, ninjutsu and a variety of Japanese martial arts. Sensei Saito is the 16th Grandmaster of Igaryu Ninjutsu & Grandmaster of Goju-Ryu Karate.

Shinbukan emphasises the harmony of mind, body and spirit. Martial arts training develops self-confidence and strength of mind.

You don't need to be fit or strong to commence training Kids must be 5 and above. Parents are most welcome to participate

Mention this advertisement for 4 free trial lessons.

Kit Kirkwood Hall Lane Cove Public School Austin Street Lane Cove

Tuesday Evening
Kids Karate 5:45pm-6:30pm
Adults Karate 6:30pm - 7:30pm
Ninjutsu 7:30pm - 8:30pm

Saturday Morning
Kids Karate 8:30am - 9:15am
Adults Karate 9:15am - 10:15am
Ninjutsu 10:15am-11:15am

For more info e soke@shinbukan.com.au p 0408 497 437 www.shinbukan.com.au

Weekly Drama Classes

ENROLLING NOW Saturday & Weekday Classes for 5 - 18 years

Voice, Movement, Improvisation & Scripts

& Chatswood locations



Confidence and Creativity







Taught by Industry Professionals



MSTYP Weekly Drama Classes

For more information and submission forms, download the Trader Information booklet on the school website at:

https://lanecove-p.schools.nsw.gov.au/supporting-our-students/parents--carers-and-the-community/p-c-trader.html or email trader@lanecovepublicpandc.org.au

Disclaime

Conditions of Advertising: Lane Cove Public School provides the opportunity to advertise in the School P&C Trader and School News as a service to the school community. However, the School, the Principal, staff and persons involved in the publication and distribution of these publications do not endorse and expressly disclaim liability or responsibility to any person (whether a member of the school community or not) in relation to any advertising or promotional material (including any representations or omissions) published in them. Distribution of advertising: The P&C Trader is published in Weeks 3 and 8 of each term. The school accepts paid advertisements to be published twice a term in the School Trader. The large volume of requests for the distribution of advertising materials on behalf of community

