



# Lane Cove Loop

*A community-focused public school  
valuing a proud tradition and shaping a positive future.*

## Contact Us:

### Telephone

9427 2155 or 9427 1024

### School E-mail Address

lanecove-p.school@det.nsw.edu.au

### LCPS Website

www.lanecove-p.schools.nsw.gov.au

### School Council President

Luke Andrews

### P&C President

Myles Davis

## 2020 ~ Term 1

### Week 8

**Tuesday 17 March**

- \* P & C General Meeting  
7-9pm Online

**Thursday 19 March**

- \* Harmony Day

**Friday 20 March**

- \* Day of Action
  - Say No to Bullying and Violence

## Term 1 – Week 8

17 March 2020

### ➤ Principal's Report

#### Zone Swimming

Congratulations to our Zone Swimmers who represented our school so well at the Zone Swimming carnival on Friday. I had the pleasure of being able to attend for a short time and it was fantastic to see our students competing in such a positive spirit and being cheered on by their team mates. Well done to all of the team and thank you to Mr Russell, Ms Ilic and Ms Edwards for your management of the team. We are so proud of you all.

#### Day of Action - Say No to Bullying and Violence

This Friday Lane Cove Public School will be taking part in the National Day of Action against Bullying and Violence. Teachers and students will be participating in learning activities throughout the day that reinforce this important message. Please see later in the Loop for more details.

#### Harmony Day

This Thursday 19 March is Harmony Day and is a day to celebrate the cultural, language and religious diversity at Lane Cove Public School. Students are encouraged to come to school on Thursday either wearing clothing from their traditional cultural backgrounds or an item of orange clothing which is the traditional colour for Harmony Day.

#### Ride 2 School Day

Thank you to Ms Moss, Ms Paul, Ms Angus, Ms Leonardi and Ms Edwards who organised the Ride to School day. It was great to see so many students and parents taking part and enjoying a healthy fruit snack before school.

#### Music News

##### Group Rehearsals

Effective from today all group rehearsals have been suspended (please see Music News).

#### COVID-19

Updates on this situation will be regularly emailed directly to parents from the school. The latest Department of Education information can be found on the school website or on this link:

<https://education.nsw.gov.au/public-schools/school-safety/novel-coronavirus>

Terry McKinnon  
Principal



**Uniform Shop:** Opening hours: Tuesday 2.30 – 3.30pm; Wednesday 8.45 – 10.00am; Thursday 8.30-9.30am

**Email:** uniformshop@lcps.nsw.edu.au

## Day of Action - Say No to Bullying and Violence

This Friday March 20 is the National Day of Action Against Bullying and Violence. Classes will continue to work through classroom Personal Development and

Health programs and the Bounce Back wellbeing program in the lead up to the national day. Teachers will be raising awareness of the Bullying No Way! website and working through activities found on the website. The Bullying No Way! website contains many resources for parents to look at with your children. I have also attached the Lane Cove Public School Anti-Bullying Action Plan to this edition of The Loop.

<https://bullyingnoway.gov.au/>

Beck Myers Deputy Principal

## Ride2School

Thank you to Woolworths Lane Cove for generously donating fruit to our school last Friday for Ride to School.

## P & C News

Please let your babysitters know that Sat 20<sup>th</sup> June is the new date at the Lane Cove Country Club (Golf Course) for our Gala event – subject to advice on COVID-19. If you have any prizes you wish to donate or friends that can offer prizes, please let us know!

This week we have our second P&C Meeting for the term. In the current environment we felt it prudent to host this meeting remotely. Below you will see details of how to join our meeting via Zoom. With Zoom you will be able to participate, post questions to the discussion board and be involved. The meeting's Agenda can be found at <https://lanecovepublicpandc.org.au/about/meeting-minutes/>

Myles Davis, LCPS P&C President, is inviting you to a scheduled Zoom meeting. Join from PC, Mac, Linux, iOS or Android: <https://uni-sydney.zoom.us/j/108311111>

Or iPhone one-tap : Australia: +61370182005,,108311111# or +61871501149,,108311111#

Or Telephone: Dial(for higher quality, dial a number based on your current location): Australia: +61 3 7018 2005 or +61 8 7150 1149 or +61 2 8015 6011 Meeting ID: 108 311 111

International numbers available: <https://uni-sydney.zoom.us/j/108311111>

Or an H.323/SIP room system:

Dial: SIP: [108311111@zoom.aarnet.edu.au](https://uni-sydney.zoom.us/j/108311111) or H323: [108311111@182.255.112.21](https://uni-sydney.zoom.us/j/108311111) (From Cisco)  
or H323: 182.255.112.21##108311111 (From Huawei, LifeSize, Polycom)  
or 202.177.207.158 Meeting ID: 108311111 Or Skype for Business (Lync):  
<https://uni-sydney.zoom.us/skype/108311111>

**Myles Davis** - LCPS P&C President ~ [president@lanecovepublicpandc.org.au](mailto:president@lanecovepublicpandc.org.au)

## Canteen News

We continue with the temporary menu, and lunch orders through Munch Monitor. The weekly special this week is **Beef Sliders** from Ground Caffe.

The over the counter service for recess and lunch of dry goods (from Monday 9 March), continues, offering **rice crackers, popcorn, seaweed, bread sticks, apple slinkies** etc.

Below is the roster for week 8 of Term 1:

<b>Monday 16 March</b>	Michelle Moeskops, <b>VOLUNTEER NEEDED</b>
<b>Tuesday 17 March</b>	Marijke Asscher, Gaelle Levy
<b>Wednesday 18 March</b>	Lorna McIlveen, Megan Radja
<b>Thursday 19 March</b>	Vanessa Brownrigg, Edwina Tyrrell
<b>Friday 20 March</b>	Yael Zelas, <b>VOLUNTEER NEEDED</b>

Thanks to our amazing volunteers for giving up their precious time, we couldn't run our canteen without you! The current shift hours have increased to allow for the recess and lunch over the counter service, and are **10.45am - 1.30pm daily**.

**POSITIONS VACANT** - we have available positions on the committee for anyone who wants to be involved. If you're interested in joining the team, please email us at [canteenconvenor@lanecovepublicpandc.org.au](mailto:canteenconvenor@lanecovepublicpandc.org.au) Specifically we require a Canteen Roster volunteer and a Canteen Convenor, which involves staff management and overseeing. Alternatively if you'd like to join the committee and lend a hand with all the projects going on, please get in touch.

If you have any queries, please let me know.

**Emily Milne** - Relieving Canteen Convenor

## MUSIC NEWS

### Group Rehearsals

Effective from today all group rehearsals have been suspended.

If you haven't already, please make sure you join our closed facebook group:  
<https://www.facebook.com/groups/1253540348000359/> This group is for Music Programme families only.

### Senior Music Camp: 31<sup>st</sup> May – 2<sup>nd</sup> June 2020.

Planning is well underway however, given the current situation we are unsure if we will be able to go ahead. It's not looking good. We will be getting advice from the school and will keep you posted.

### Dates for your diary: Assemblies, Festivals and Competitions

As you will have seen, the school won't be holding any assemblies until further notice. The following performance will all be cancelled:

<del>Week 8</del>	<del>18-Mar-20 (Wed) 2:15 pm</del>	<del>3-6 Assembly</del>	<del>Senior Guitars</del>
<del>Week 9</del>	<del>24-Mar-20 (Tue) 2:15 pm</del>	<del>K-2 Assembly</del>	<del>Senior Strings</del>
<del>-</del>	<del>25-Mar-20 (Wed) 2:15 pm</del>	<del>3-6 Assembly</del>	<del>Jazz Band</del>
<del>Week 10</del>	<del>1-Apr-20 (Wed) 2:15 pm</del>	<del>3-6 Assembly</del>	<del>Rock Band 1</del>
<del>Week 11</del>	<del>7-Apr-20 (Tue) 9:15 am</del>	<del>2-3 Assembly</del>	<del>Senior Concert Band</del>
<del>-</del>	<del>7-Apr-20 (Tue) 10:15 am</del>	<del>4-6 Assembly</del>	<del>Senior Concert Band</del>
<del>-</del>	<del>9-Apr-20 (Thurs) 9:15 am</del>	<del>K-1 Assembly</del>	<del>Intermediate Concert Band</del>

**We will wait to hear from organisers about the following events and will update you as we can:**

- \* Ryde East Music Festival - Sunday, 24<sup>th</sup> May 2020 (Training Band, Intermediate Concert Band & Senior Concert Band)
- \* Snr Music Camp – 31<sup>st</sup> May – 2<sup>nd</sup> June, 2020 (Core Senior groups – year 3 and up)
- \* Festival of Instrumental Music, 1<sup>st</sup> July 2020 (Selected Senior Strings & Senior Recorders)
- \* ASBOF, Randwick – TBC – August 2020 (Training, Intermediate, Senior & Jazz Bands and Senior Strings)

\* NSSWE Chatswood Concourse, 11<sup>th</sup> – 13<sup>th</sup> Sept (Our scheduled slot TBC) (Training, Intermediate, Senior & Jazz Bands)

Have a great week everyone. Strange times.

The Music Committee | Email: [lcpsmusicnsw@gmail.com](mailto:lcpsmusicnsw@gmail.com)



## TEAMS

Please download the app and join Teamstuff, this will be an important avenue of communication especially specific to your child's team. The Teamstuff invitation was sent via email. We are after a few more team managers, the role is super easy with Teamstuff. Please email Karmen [presidentlcnetball@gmail.com](mailto:presidentlcnetball@gmail.com) if you can assist.

The competition starts **27 March 2020**.

Please bring your sports shoes and a drink bottle to training each week.

## COACHING & UMPIRING

Lane Cove Netball is committed to supporting and developing umpires for the Winter competition and Twilight season. It's a fantastic skill to acquire. Umpires are paid according to their grading. If your son or daughter is turning 12+ this calendar year and interested in learning umpiring, email [umpireslcnetball@gmail.com](mailto:umpireslcnetball@gmail.com) for more information. Initial online training and an examination is required.

## SAVE THE DATE

### PRE SEASON PRIMER & UNIFORM DAY!

Information on cost and ordering will be announced this week.

4pm - 6pm on Sunday 22nd March 2020 at The Longueville Sporting Club (The Diddy) Kenneth St &, River Road West, Longueville NSW 2066

## COVID-19

Our trainings for this week remain scheduled. As the COVID-19 directives evolve so will we. If training is cancelled, you'll get an email from teamstuff, and we'll also post on our socials.

For up-to-date information on our covid-19 health policy go here:

<https://lanecovenetballclub.com.au/covid-19/>

## STAY IN TOUCH

[Important Dates Flyer](#)

Join our private facebook group (search [LCPS Netball Club](#) in facebook) or email us on [lcpsnetball@gmail.com](mailto:lcpsnetball@gmail.com).

### Tennis News

All inter-school tennis has been cancelled.

Sue ~ Tennis Co-ordinator



## Native & Indigenous Plant Sale

**Saturday 28 March, 9am-12 noon**  
**Lane Cove Plaza**

Whether your garden is large or small or you only have space for some pots there is a wide range of suitable native and indigenous plants for your situation. So come and find out about growing Australian and local plants in our Lane Cove gardens, balconies and terraces.

website: [www.lanecovebushland.org.au](http://www.lanecovebushland.org.au)  
facebook: [facebook.com/LCBCS](https://facebook.com/LCBCS)  
email: [lanecove\\_bushland@yahoo.com](mailto:lanecove_bushland@yahoo.com)  
twitter: [@SocietyBushland](https://twitter.com/SocietyBushland)

 **Lane Cove**  
**Bushland**  
and **Conservation Society**

### IT'S ON AGAIN!

Our Autumn Plant Stall in the Lane Cove Plaza is on Saturday 28 March from 9am to 12 noon. We sell low cost native seedlings and plants found in our local area that will thrive here, and our experts can tell you how to cultivate them on your balcony or in your garden. Our popular cards and guides also available so come and have a chat.

# FREE child car seat safety check



## 2 in 3 car seats are not being used properly

Make sure your child is safe with a free inspection by Authorised Restraint Fitters. You can have your child car seats, harnesses and booster seats checked for safety and fit.

<b>DATE:</b>	Saturday 28 March 2020
<b>TIME:</b>	9:00am – 1:00pm, bookings essential*
<b>LOCATION:</b>	Lane Cove Council car park 48 Longueville Road, Lane Cove (next to Lane Cove Aquatic Centre)

For more information contact Council's Road Safety Officer on (02) 9911 3576.

\*Service is available to Lane Cove and Hunter's Hill Council residents only and excludes family day carers.



A road safety initiative  
brought to you by Lane Cove and  
Hunters Hill Council, in partnership  
with NSW Government.







**Play The Game**

**Lane Cove Public School**

## **ANTI-BULLYING ACTION PLAN**

**At Lane Cove Public School every person has the right to feel safe and secure.  
Any person who bullies another is denying them that right.**

**The school does not tolerate any action that undermines a person's right to feel  
safe and secure, and will take whatever steps necessary to endeavour to stop  
such behaviour.**

**(The full Anti-bullying Plan is located on the school's website: [www.lanecove-p.schools.nsw.edu.au](http://www.lanecove-p.schools.nsw.edu.au))**

## **BULLYING IS...**

A clear understanding of what bullying is can help both adults and students deal with the situation more effectively. Bullying is repeated verbal, physical, social or psychological behavior that is harmful and involves the misuse of power by an individual or group towards one or more persons. Cyberbullying refers to bullying through information and communication technologies.

Bullying can involve humiliation, domination, intimidation, victimization and all forms of harassment including that based on sex, race, disability, homosexuality or transgender. Bullying of any form or for any reason can have long-term effects on those involved including bystanders.

Conflict or fights between equals or single incidents are not defined as bullying.

### **Bullying behaviours can be:**

- **verbal**, e.g., name calling, teasing, abuse, putdowns, sarcasm, insults, threats
- **physical**, e.g., hitting, punching, kicking, scratching, tripping, spitting
- **social**, e.g., ignoring, excluding, ostracizing, alienating, making inappropriate gestures
- **psychological**, e.g., spreading rumours, dirty looks, hiding or damaging possessions, malicious SMS and email messages, inappropriate use of camera phones.



## **ACTION PLAN**

We can help to control what happens by following this Action Plan for students, parents and school staff.

### **ACTION PLAN FOR STUDENTS**

#### **What students can/should do to prevent or deal with bullying:**

- Take a deep breath
- Look directly into the eyes of person attempting to bully
- Speak in a firm, clear voice say loudly “Stop it. I don’t like it, go away.” or say, “Stop it. That’s bullying. It’s not O.K.”
- If the bullying behavior continues go directly to your teacher, don’t stop, don’t be afraid, just report what happened
- Go to the teacher on duty if you are in the playground
- Do not retaliate with physical force
- Do not give in to bullying or give money, favours or goods
- Think of ways to keep away from the bully; talk about this with your teachers

#### **Believe:**

- You can control what happens
- It’s not OK to make someone sad
- You can make it stop
- Remember it is not your fault

#### **Think:**

Bullying - Do something about it

No one likes it

No-one deserves it

No-one needs it

Try and think strong good thoughts about yourself

## **ACTION PLAN FOR PARENTS**

### **What parents can/should do if they suspect bullying:**

- Have a responsibility to understand “what is bullying?”
- Take a pro-active approach and talk with children if they suspect they are victims of bullying
- Be aware of the signs of bullying
- Be aware of the child’s friendship groups
- Approach the school/child’s teacher
- Encourage friendships by inviting children home
- Reinforce that one should not accept being bullied or being a bully is never OK
- Be a good role model with everyone in the community
- Be responsible for encouraging anti-bullying attitudes
- Be understanding and supporting of your child
- Help your child to respond to bullying behavior by encouraging your child to:

### **Act:**

Stop, think, walk away, talk to a friend, tell a teacher or the principal

### **Say:**

“I’m sorry I hurt you.”

“Stop it! I don’t like it! Go away!”

“Stop it! That’s bullying. It’s not O.K.”

## **ACTION PLAN FOR SCHOOL STAFF**

### **Preventative Measures:**

- Create a warm and safe environment at school
- Educate students about the school's Anti-bullying Plan
- Communicate clear standards of behaviour
- Encourage students and parents to understand that they have a responsibility to report incidents of bullying to school staff
- Use consistent guidelines
- Be a good role model with parents and students
- Provide specific lessons and role play acceptable behaviour
- Provide network for students
- Child protection
- Social skills programs
- Conflict resolution program
- Life education program
- Buddy system for Kindergarten students
- Active student representative council
- Learning support team

### **Reporting and Consequences:**

Staff will:

- Use the school's Discipline Policy strategies to manage inappropriate student behaviour
- Refer concerns to the school executive team who may take action, including parent/student interview
- Referral to school counselor, involvement of District Office support staff
- Separate the bully from the peer group to disempower the bully

## **RESPONSIBILITIES**

Students and parents have a responsibility to report incidents of bullying to their school staff.

School staff have a responsibility to listen to and investigate reports of bullying and follow up within the framework of the school's Discipline Policy (available on the school's website).

Further details of responsibilities can be found in the school's Anti-bullying Plan found on the school's website.

## ADDITIONAL INFORMATION

The NSW Government has a number of resources on its Anti-bullying website that are located at <https://antibullying.nsw.gov.au/>

Department of Education has a number of policies that are located at <https://education.nsw.gov.au/policy-library/policies/bullying-preventing-and-responding-to-student-bullying-in-schools-policy>:

[\*"Bullying: Preventing and Responding to Student Bullying in Schools policy"\*](#)

[\*"Complaints Handling Policy"\*](#)

[\*"Code of Conduct Policy"\*](#)

Additional information can also be found on the following websites:

Kids Helpline 1800 55 1800 or [www.kidshelpline.com.au](http://www.kidshelpline.com.au)

Bullying No Way [www.bullyingnoway.gov.au](http://www.bullyingnoway.gov.au)

Safe Schools Hub [www.safeschoolshub.edu.au](http://www.safeschoolshub.edu.au)

National Centre Against Bullying [www.ncab.org.au](http://www.ncab.org.au)



**Play The Game**

**SCHOOL CONTACT INFORMATION**

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